

Learning opportunities both formal and informal for you to explore, connect, and discover the riches of your heritage.

TABLE OF CONTENTS

Information on Melton School	.Page 1
Melton Foundations Class	Pages 2 & 3
Melton Graduate Class	.Page 4
Melton Core Curriculum Class	.Page 5
Davening	.Page 6
Parsha Shmooze & Jewish Sparks	.Page 7
Jewish Timeline & Eighteen Jewish Words	.Page 8
Learn to Read Hebew in the Siddur,	
Learn to read Torah & Learn to Lead Prayer	.Page 9
Chazak	.Pages 10-13
Modern Hebrew for Grownups	.Page 14
Thursday evening class with Cantor Lois	.Page 15
Torah: the Inner Story & Torah on Tap	.Page 16
Jewish Root Seekers	.Page 17

For information or to register for any of the classes in this booklet please contact Laurie Lindner at Laurie@adathshalom.net 973-539-8549 ext. 105

FLORENCE MELTON SCHOOL

A Journey of Jewish Self Discovery

Connect to



the florence melton school of adult jewish learning



A PROJECT OF THE HEBREW UNIVERSITY OF JERUSALEM

And we will connect you to your Jewish past, present and future

The Florence Melton School of Adult Jewish Learning is an inspiring and empowering adult experience.

Interactive, informal dicussion based classes for learners of all backgrounds. Melton enables adult learners to achieve a strong foundation of Jewish knowledge. Form a community of learners with us exploring Jewish texts and gain an appreciation of how Judaism developed and what Judaism means to you. Our pluralistic approach fosters an atmosphere of mutual warmth, respect and understanding.

Adath Shalom will be hosting 3 different Melton Classes this coming year.

MELTON FOUNDATIONS CLASS

Melton Foundations - For families with Children 10 monthly classes - Sunday 9:30 am - 11:00 am

Melton Graduates - Graduates of the Core Curriculum 30 weekly 2 hour classes - Thursday 9:30 am - 11:30 am

Melton Core Curriculum - For Adults of all ages. 30 weekly 2 hour classes - Thursday 7:00 pm - 9:00 pm

Melton Foundations of Jewish Family Living Class

Our children carry our dreams...

Learn how to bring the values and warmth of Judaism home to nurture your family in the traditions that have empowered our people for generations to lives of meaning, fulfillment and joy.

Taught by Treasure Cohen

Monthly Inspiration for parents in an open and warm atmosphere.

MELION FOUNDATIONS GLASS

Learn how to teach your children classic Jewish values that will give them a foundation for life.

Scholarships are available. Extended childcare will be provided free to Kindergarten families between 10:30-11:00 am to encourage couples to take the course together.

9:30 am - 11:00 am \$180

October 25 • November 1, 22 • December 20 January 31 • February 21 • March 13 April 17, May 1, 8

For additional information or to register, please contact JCC Adult Education Director Rhonda Lillianthal at rlillianthal@jccmetrowest.org or call her at (973) 530-3519

MELTON GRADUATE CLASS

Melton Graduate Class

THURSDAY MORNINGS - ONE YEAR PROGRAM

9:30 am - 11:30 am

October 2015 - June 2016

Cost: \$675

Open to Graduates of the Two-Year Foundations Program 30 Weekly - 2 hour classes over the course of the year.

Revelation and Revolution

You will never read the Torah the same way again. Explore the meanings of G-d's revelation at Sinai and how this moment in our spiritual history changed and keeps changing everything. An exciting text and discussion-based class in the unique Melton manner!

From Outsiders to Belonging

The American Jewish Experiences: How did a small and persecuted minority, eternal outsiders, find in America the field of their dreams where all of the treasures of the Jewish spirit could finally soar free? Is there a price to pay for our success and where do we go from here? An hour of historical, spiritual, sociological and personal exploration.

For additional information or to register, please contact JCC Adult Education Director Rhonda Lillianthal at rlillianthal@jccmetrowest.org or call her at (973) 530-3519

MELTON CORE CURRICULUM

Foundations of Jewish Living Melton Core Curriculum Class

THURSDAY EVENINGS - ONE YEAR PROGRAM

October 2015 - June 2016

7:00 pm - 9:00 pm

Cost: \$675

Taught by Rabbi Rudin

30 Weekly - 2 hour classes over the course of the year.

For decades, the Florence Melton Mini-School has been helping Jewish adults experience and explore the treasures of Jewish thought, history, text, spirituality, ritual and tradition on a high level. No previous background in Jewish studies is required- bring your learning, your life experiences, your critical thinking skills, your unique perspective and enjoy this feast of spirit, mind and inspiration!

7:00 pm - 8:00 pm - Rhythms of Jewish Life

A profound exploration of our traditions, life milestones and the central concepts that have created Jewish civilization.

8:00 pm - 9:00 pm - The Core Concepts of Judaism

A truly mind and soul-stretching journey. This course will transform and enrich the way you see the world!

For additional information or to register, please contact JCC Adult Education Director Rhonda Lillianthal at rlillianthal@jccmetrowest.org or call her at (973) 530-3519

SUNDAY MORNINGS AT ADATH

Come Journey into Judaism! Free for Adath Shalom Members.



DAVENING

(short morning service) with Rabbi Rudin & Cantor Lois

Sunday 9:00 am -9:30 am

(when there is Religious School)

It's spiritual, it's dynamic, it's musical, it's stories, it's interactive... and it's SHORT! Half an hour of spiritual nourishment through our living tradition.

To register please email Laurie Lindner at: Laurie@adathshalom.net

SUNDAY MORNINGS AT ADATH

PARSHA SCHMOOZE

Pearls from the Parsha with Rabbi Moshe Rudin Sunday 9:30 am - 10:15 am

(when there is Religious School)

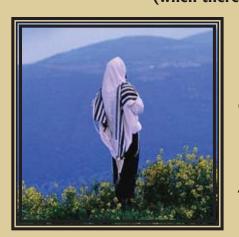
A lively forty minute discussion-based shiur (lesson) highlighting the more profound and deeper truths embedded in the weekly Torah portion. No Hebrew or previous study required: the Torah speaks through and to every Jewish heart!

To register please email Laurie Lindner at: Laurie@adathshalom.net

JEWISH SPARKS

Topics in Torah Mini Courses to feed your mind, soul and imagination!

OCTOBER 4 - NOVEMBER 22 Sunday 10:30 am - 11:20 am (when there is Religious School)



Getting into Jewish Prayer

An Exploration of the Cosmic Mind: Ever wonder if davening (Jewish prayer) can transport you to places in your heart and in the heavens? The answer is yescome and take the first steps!

Taught by Cantor Lois

To register please email Cantor Lois at: cantorlois@adathshalom.net

SUNDAY MORNINGS AT ADATH

THE JEWISH TIMELINE

DECEMBER 6 - JANUARY 31 • 10:30 am - 11:20 am (when there is Religious School)

Taught by Rabbi Rudin

Who came first, Moses or Abraham? When was the Torah given? How many Temples were there and what happened to them? A journey of exploration through the 3,500 year odyssey of Jewish history.

To register please email Laurie Lindner at: Laurie@adathshalom.net



EIGHTEEN JEWISH WORDS

FEBRUARY - APRIL • 10:30 am -11:20 am (when there is Religious School)

Tarrelet has Dalah: Dadie

Taught by Rabbi Rudin

Judaism is a language of mind-stretching and soul-expanding concepts. Ever notice how Jews mix Hebrew and Yiddish in their conversation? It's not to exclude or alienate, it's because there are simply no translations for Judaism's central concepts. Come and make them yours!

To register please email Laurie Lindner at: Laurie@adathshalom.net

SUNDAY MORNING AT ADATH

Acquire the skills that create Judaism LEARN TO READ HEBREW IN THE SIDDUR

SEPTEMBER 27 - DECEMBER 27

Sunday 11:30 am - 12:00 pm

(when there is Religious School)

From aleph-bet to reading prayers. No previous Hebrew required.

Taught by Cantor Lois

LEARNING TO READ TORAH

JANUARY 3 - MARCH 27

Sunday 11:30 am - 12:00 pm

(when there is Religious School)

For the Hebrew reader: learn how to lein (chant) Torah - take the next step in your personal spiritual growth!

Taught by Cantor Lois

LEARN TO LEAD PRAYER

APRIL 17 - JUNE 26

Sunday 11:30 am - 12:00 pm

(when there is Religious School)

Leading the prayers is a truly transformative experience. We work gradually and gently to help you explore this spiritual adventure.

Taught by Cantor Lois
To register please email Cantor Lois at:
cantorlois@adathshalom.net

CHAZAK SENIOR ADULT LUNCHEON CLUB

Join us for our monthly Chazak Adult Luncheon Club. Food for the mind, body and spirit - join us for a delicious gourmet meal, conversation and exciting speakers about an interesting Jewish topic. Open to the public, invite friends.

October 20, 2015 12:00 pm - 1:30 pm

This month Reb Deb, spiritual leader will be exploring new ways of breaking the ice talking with strangers and forming new friendships.

Speaker Naomi Jeffrey, Chair of Adath Shalom's Mishpacha outreach program and a licensed physical therapist will be speaking about the risk and prevention of falling in the geriatric population.

Adath Shalom's social worker Susan Solomon will be speaking about the importance of Medicare's open enrollment program and tips for planning.

> \$7.00 per person RSVP by October 16th to Cookie Samuels challahgal@yahoo.com 973-366-0763

November 17, 2015 12:00 pm - 1:30 pm

Mort Segal will be speaking about life in the Catskills from the 1940's through the 1960's. Mort worked with his father in furnishing entertainment for the largest quantity of hotels in the Borscht Belt.

Mort roomed with Buddy Hackett and was friends with Joan Rivers, and knew hundreds of other stars from English and Yiddish vaudeville, stage and screen.

The history is interesting; the stories personal and funny! He has been quoted in various news articles and on NPR.

Don't miss these firsthand accounts that will bring back memories of an era that no longer exists, from a guy who does!

\$7.00 per person RSVP by November 13th to Cookie Samuels challahgal@yahoo.com 973-366-0763

CHAZAK SENIOR ADULT LUNCHEON CLUB

December 15, 2015 12:00 pm - 1:30 pm

This month, back by popular demand, our speaker Mark Levy will be speaking about the music of Israel from the early Chalutzim (pioneers) in Palestine to the latest rock.

He will share the music of the Jewish state and learn how it developed from the polyglot of settlers and musical idioms of the 20th century.

\$7.00 per person RSVP by December 11th to Cookie Samuels challahgal@yahoo.com 973-366-0763

January 19, 2016 12:00 pm - 1:30 pm

A Sephardic Teaser:

Our own Sam Varsano leads us in examining a brief sampling of what you hear when you are a Sephardi in the Ashkenazi world of North America:

"...So your mother is Jewish and your father is what, Italian or Spanish or

maybe South American?"

- "...So you converted to Judaism, right? It must have been a nice bris!"
- "...You can't name your son after your father. I've never heard of such a thing! It's against Jewish law to name a baby after a living relative!."
- "...How can you be Jewish and eat rice and beans on Pesach? Don't you know it's against Jewish law?!"

All these confused statements indicate a real lack of knowledge about Sephardim -- a very large segment of the Jewish world -- as often expressed by fellow Jews.

Why is that?

\$7.00 per person RSVP by January 15th to Cookie Samuels challahgal@yahoo.com 973-366-0763

Lifelong Learning co-chairs
Ellen Muraskin & Cookie Samuels

CHAZAK SENIOR ADULT LUNCHEON CLUB

Join us for our monthly Chazak Adult Luncheon Club. Food for the mind, body and spirit - join us for a delicious gourmet meal, conversation and exciting speakers about an interesting Jewish topic. Open to the public, invite friends.

February 16, 2016 12:00 pm - 1:30 pm

Back by popular demand, speaker Chaim Lauer presents Starting With Aleph: How G-d Got a Name. An Introduction to the Origins and Meaning of the Hebrew Alphabet. We use, speak and read languages and we take them for granted. But do we ever wonder how they developed? In this session, we will investigate the development of Hebrew writing and language, how words were developed, and letters formed. We may even find out how G-d got a name and give it deeper meaning. In this review, we will use both archeological studies and Talmudic text to see how Hebrew letters and words impact Jewish life and thoughts.

> \$7.00 per person RSVP by February 12 to Cookie Samuels challahgal@yahoo.com 973-366-0763

March 15, 2016 12:00 pm - 1:30 pm

Speaker Deborah Schapiro will talk to us about Broadway musicals.

A quintessentially American art form, Broadway musicals developed but are distinct from vaudeville, grand opera and operetta. From the sunny optimism of "Oh, What a Beautiful Mornin" to the wistfulness of "Sunrise, Sunset" to the cynicism of "Cabaret," Broadway show tunes have captured and reflected the spirit of their eras. In her presentation, "How the Jews Created the Broadway Musical," Ms. Schapiro demonstrates how Israel Baline (Irving Berlin), Jacob Gershowitz (George Gershwin), and their successors fused the melodies of their Eastern European heritage with the exciting new American sounds of ragtime and jazz to create something new.

Her program spans 1911 (Alexander's Ragtime Band) through 2003

CHAZAK SENIOR ADULT LUNCHEON-CLUB

(Stephen Schwartz's Wicked). She brings along her laptop and plays representative songs from a dozen different shows, which always leads to sing-alongs and reminiscences. It's a lot of fun!

\$7.00 per person RSVP by March 11 to Cookie Samuels challahgal@yahoo.com 973-366-0763

April 19, 2016 12:00 pm - 1:30 pm

Back by popular demand, Oscar Israelowitz will describe the wandering Jews of New Jersey -- A delightful arm-chair tour of the great urban centers, such as Newark, Jersey City, Hoboken, Trenton and Paterson, with their first Jewish settlements and early synagogues. We also focus on Ellis Island, and the trials and tribulations of "Coming to America."

The program continues with visits to the pioneer Jewish farming communities of Alliance, Norma, Brotmanville and Woodbine (the first all-Jewish town in the United States). It concludes with a look into the resort communities of Lakewood, Atlantic City, Deal, Long Branch and Asbury Park. This lecture program is based on Oscar Israelowitz's book, "Jewish New Jersey in Vintage Photographs."

\$7.00 per person RSVP by April 15 to Cookie Samuels challahgal@yahoo.com 973-366-0763

May 17, 2016 12:00 pm - 1:30 pm

Speaker to be announced. \$7.00 per person RSVP by May 13th to Cookie Samuels challahgal@yahoo.com 973-366-0763

Lifelong Learning co-chairs
Ellen Muraskin & Cookie Samuels

MODERN HEBREW FOR GROWNUPS ON THURSDAYS

Modern Hebrew for Grownups Taught by Rabbi Rudin

12 Week Course
Thursdays from 4:30 pm - 5:30 pm

October 8,15,22,29 • November 12,19 December 3,10,17 • January 7,14, 21

Join us for a weekly voyage into the surprisingly easy skill of speaking modern Hebrew. You'll be amazed at how quickly you pick up the fundamentals of the dynamic language of your heritage.

No previous background necessary.

Stick around for some schmoozing and maybe Tikkun Olam (world repair) service to the community!

For more info or to register, email Laurie Lindner at Laurie@adathshalom.net

TUESDAY EVENING CLASSES WITH CANTOR LOIS

Acquire the skills that create Judaism LEARN TO READ HEBREW IN THE SIDDUR

OCTOBER 13 - DECEMBER 29 Tuesday 7:30 pm - 8:30 pm

From aleph-bet to reading prayers. No previous Hebrew required. **Taught by Cantor Lois**

LEARNING TO READ TORAH

JANUARY 5 - MARCH 29 Tuesday 7:30 pm - 8:30 pm

For the Hebrew reader: learn how to lein (chant) Torah - take the next step in your personal spiritual growth!

Taught by Cantor Lois

LEARN TO LEAD PRAYER

APRIL 5 - JUNE 28

Tuesday 7:30 pm - 8:30 pm

Leading the prayers is a truly transformative experience. We work gradually and gently to help you explore this spiritual adventure.

Taught by Cantor Lois

To register please email Cantor Lois at: cantorlois@adathshalom.net

TORAH: THE INNER STORY

Torah: The Inner Story

What does the text that is the cornerstone of Jewish life teach us about the big questions?



Come by on Tuesdays at 1:00 pm Starting October 13 - May 10 in the Beit Midrash for conversation, exploration and discovery over a light lunch with Rabbi Rudin and other seekers. No previous background necessary - all welcome!

RSVP to Laurie Lindner: Laurie@adathshalom.net

TORAH ON TAP

Get the conversation flowing on every topic from current events, personalities, celebrity gossip and more.

We will explore the historic brew houses and speakeasies of Morris County in a different venue 4 times a year.

Locations and dates to be determined.



A Year of Discovery Lies Ahead!



Programs to help us explore our ancestral roots.

Curious about your Jewish Roots? This program will be the highlight of 5776!

Learn how to search out ancestors through on-line and other resources and records, trace your family tree back further than you ever imagined! We will also learn about life in the Alta Medinah (the Old Country) through fun and hands-on adult educational opportunities. Culminating in a Shtetl (Jewish Village) Street Fair.

Join us on Saturday, October 17th - 7:30pm

Learn how to find your Jewish Roots with genealogy expert, Susan Kobren!

\$10 per person \$15 per couple \$5 each additional family member. Desserts and beverages will be served.

or email Challahgal@yahoo.com
Lifelong Learning co-chairs
Ellen Muraskin & Cookie Samuels

Torah study is a kindling flame; warming the heart, inspiring the mind, illuminating the soul.

-Midrash Song of Songs